

The West Express

Warrnambool West Primary School

'WWPS is a Child Safe school'



On behalf of Warrnambool West Primary School, we would like to acknowledge the traditional custodians of the land on which this school is built, and we recognise their connection to the land and community. We respect the stories, traditions, and living cultures of Aboriginal and Torres Strait Islander people. We respect the Elders past, present and emerging on this land, as we continue our learning journey together.



What's On in PE



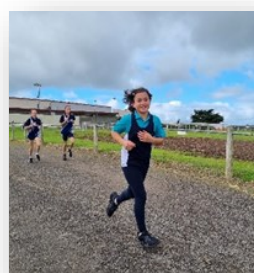
Basketball

As part of the Sporting Schools program, we have been fortunate to secure funding for 4 weeks of Basketball sessions in association with the Warrnambool Seahawks. Coach Alex and player Jamal visited last week for their first session with the senior school. Our kids loved learning new skills and playing basketball games with the coaches. They will visit the school twice more before we head to the Warrnambool Stadium on June 16th for some activities. If you are in the senior school, please check Compass for permission.



Cross Country

This week we had 4 students represent the school at the District Cross Country competition. These students ran 3km each against local schools and all gave their personal best in their race. We wish them luck as some have qualified for the Divisional competition in the coming weeks.



Junior School PE

We have had a great start in PE from the Junior School this term. Students have been developing their fundamental motor skills, using balls to throw, catch and bounce in a variety of activities. This skill acquisition has been promoted through the extra physical activity time as part of the PMP program with Mr Robinson on Mondays.



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SAILING TOWARDS SUCCESS



From the Principal

Mrs Clare Monk

Dear Families,

What a busy start to term 2 we have had. Our school participates in many activities throughout the year and the last fortnight has been full of learning and outdoor fun. Warrnambool Seahawks players took part in the 3-6 sports block teaching our students many new skills on the basketball court. Students also journeyed to the town library to participate in author talks with Gabrielle Wang (Year 3/4s) and Cristy Burne (Year 5/6s). We also held our annual year 3/4 camp and joined in Neighbourhood House Week celebrations.

Camp Kangaroobie

Year 3/4 campers returned yesterday from 'Camp Kangaroobie', near the famous Great Ocean Road and 12 Apostles. After a short bus ride, the students arrived at camp full of excitement. Shouts of 'freedom' were made by several kids as they ran around the courtyard overwhelmed with joy. Local camp dogs, Echo and Luna were besieged with pats from adoring campers.

Throughout the three-day camp, students enjoyed the outdoors, hiking long, narrow tracks to the Princetown Beach, where they tobogganed down sand dunes. Students 'tried their hand' at bush cooking, making yummy damper, played a bush survival game 'Live and Death' and completed a challenging obstacle course. Driving around the farm in the back of a locked trailer, as part of the farm tour certainly triggered lots of laughs, where cows and pigs were fed, and a couple of students may have kissed a pig's butt!



There was plenty of free time allowing the students to engage with each other and form new and stronger friendships. Students also learnt about performing dinner and cleaning duties and keeping rooms clean, skills that we are sure parents will now be able to see (or now enforce) at home.

Kangaroobie is always a fabulous camp with lots of outdoor time and dirty activities! This was for many students, their first ever school camp and time spent away from parents, and I couldn't have been more proud of the way the children represented Warrnambool West Primary School. Grit, resilience, courage, bravery, kindness, vulnerability and positive encouragement were just some of the character strengths displayed by students across the camp. It was wonderful to watch the students support and encourage each other as they took risks, faced obstacles, and the fear of night, without their family nearby. Congratulations to all students!

A massive thank you to the wonderful staff at Camp Kangaroobie, Ms Holdsworth for organising the camp and to all staff (Mr Cooper, Miss Grey, Miss Evans and Mr Beaton) who attended and shared the workload to ensure our students had the most memorable experience. Check out our Facebook page to see action photos of the camp.

Pecten Avenue Excursion

Our year F-2 and 5/6 students were not going to let the year 3/4 campers have all the fun as they joined a 'Party in the Park', celebrating Neighbourhood House week and the official opening of the new Pecten Avenue playground. Students were treated to face painting, kite making, live music, played a 3D game of Snakes and Ladders and a sausage sizzle. The excursion was a wonderful way for our students to connect with locals and we are very grateful to West Warrnambool Neighbourhood House Coordinator for inviting our students along to join in this event.



Mother's Day

This Sunday, May 14th is Mother's Day. Our traditional gift stall will be held tomorrow morning in the library. Students will be able to purchase a gift for the special female/s in their lives for \$5 or \$10. All mums and grandmothers are invited to join us at 11am in the library for a special morning tea TOMORROW to acknowledge the amazing job you do each and everyday. Enjoy your special day on Sunday with your families. Happy Mothers Day!!!!!!

Education Week

Education Week is an annual celebration of education in Victoria. This year's theme is 'Active Learners: Move, Make, Motivate', which celebrates physical activity, hands-on learning and student voice in education. This special week gives us a wonderful opportunity to celebrate public education, and our wonderful school at West. On Tuesday, we invite all our parents, grandparents, special friends and prospective families for 2024 into our classrooms. Students will gather in the multi-purpose room at 11:30 am to showcase some of their learning to family members. After the presentation, family members and friends are encouraged to spend time in classrooms, assisting students with some maths activities. All guests are invited to stay for a BBQ lunch at approximately 1:00pm.

Foundation (prep) Enrolments 2024

Enrolments have opened for Preps 2024. The Department of Education have introduced timelines (similar to the timelines for Year 7 enrolments). All enrolments should be submitted to the school by the end of term 2. All siblings are required to complete an enrolment form, please do not assume that we know who all our younger brothers and sisters are. Please make sure if you have a child or know of anyone who would like to attend our school in Foundation next year, to collect an enrolment form. If you know someone who is interested in attending our school, please encourage them to attend or open morning. At any point, prospective families are welcome to contact the school to arrange a visit and tour of our school.

Cross Country Carnival

Our students participated in our annual Cross Country Carnival in very overcast weather conditions. Held on



school grounds, students stretched, jogged, strode and puffed their way around one of three courses against their peers. Watching students navigate the course and push themselves to their limit was inspiring, and the loud cheers as they approached the finish line was a real highlight of the day. Congratulations to our age group champions on the day and to Koorayn (red) house who were crowned the champions. A big thank you to Mr Hackett for organising another successful carnival for our students.

District Cross Country Carnival

On Tuesday, four students competed in the District Cross Country Carnival in Allansford against other local schools. Running the same distance as they ran last week, students shone as they showcased their running skills alongside peers from many schools. Our students behaved extremely well and were very proud of their achievements. Congratulations to Ruby-Jean, Ty, Summreen and Karla.

Pre-Service Teachers

Over the last two weeks we are fortunate to have Mr Dale Beaton and Mr Harvey Evans working in our early years classrooms as part of their preservice teaching round through Deakin University. Dale and Harvey have enjoyed getting a glimpse into the life of a teacher during their stay. On behalf of the staff and students we say a big thank and look forward to welcoming them back to West later in the year.

Regards,
Clare Monk



*From the
Assistant Principal*

WHAT ELSE HAPPENS WHILE ON CAMP...

This week our Year 3/4 students packed their bags, put on their gumboots and warm jackets and excitedly boarded the bus to travel to Kangaroobie for three days. Being among these wonderful students, this has caused me to reflect on the benefits of school camps and why we include these in our curriculum at Warrnambool West.

Experiences are varied before, during and after camp and these are the 'building blocks' that can shape children. Whether it is the organisation of camp luggage and personal belongings, saying farewell to loved ones, or travelling to an unknown area to ignite curiosity, taking part in activities that can test the comfort zone or exploring new environments... these build our little campers and turn them into independent little people.

Students thrive when adapting to change of routines and learn how independence can be challenging and yet so rewarding. These 'fears' are good for our students and not just for the few days they are enjoying them as the benefits can last a lifetime.

The range of activities Kangaroobie offer were not only fun, exhausting and challenging, they helped our students connect to the environment and develop skills. Activating skills in communication, social development, self-awareness, decision making and also detoxing from digital technology are the life time gains our students deserve to experience. We are fortunate in South West Victoria to have such a vast, beautiful coastline and our Year 3/4s embraced the new knowledge and respect for our local farming families and what it is to live a farm life.

Camp will be forever be one of a student's favourite moments in school and little do they know that these are rich in learning. The development of leadership skills for instance, by encouraging a team of students to keep persisting on the beach hike, or the development of stronger communication skills when dividing up chores while on meal duty, and showing kindness to another student struggling through the muddy obstacle course, all of these skills are important in the real world and are nurtured in the camps we provide.

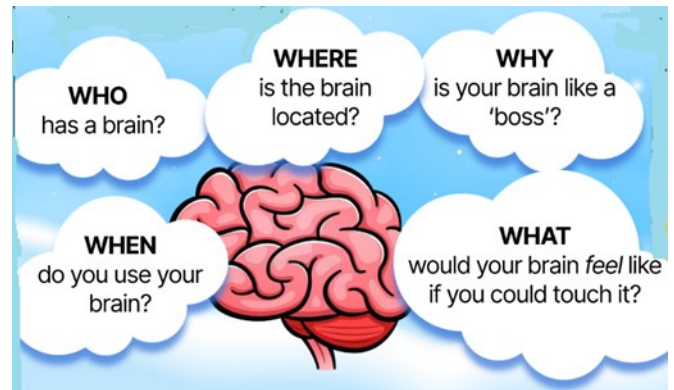
Ms. Karen Holdsworth
Assistant Principal

3/4 CAMP





What happens in my brain and body when I feel stressed or anxious?



In F/1 we have been asking lots of questions about the brain.



We have been reading "Hey Warrior" By Karen Young which teaches us about the amygdala in our brain that acts like a smoke-alarm to tell us about danger. Our amygdala loves us so much that it wants to keep us safe. So it fills us with 'super juice' (adrenaline). But the amygdala can't tell if it's scary safe or scary dangerous.

Xander: "My brain lets me think and it helps me know things."

Hunter & Remi-Jay: "My brain helps me to learn all the time."

Rylan: "My brain helps me play footy."

Mason: "My brain is in my head. It's the boss."

Calais: "My brain helps me learn."

Wirran: "My brain helps me wriggle. It's made out of blood."

Letisha: "My brain is my superhero."

Ayviana & Jameka: "It's good to have a brain because it helps you learn."

Dulcie: "If something is trouble your brain helps you run away quickly."

Esila: "Your brain helps you know where your car keys and the remote are."

Molly: "My brain is inside my head. But I forget stuff."

Aaliyah: "Your brain tells your body what to do."

Evelyn: "Your brain helps you remember things."



The F/1 class will be working with Danielle each fortnight this term to learn more about our brains and what we can do if we feel stressed or anxious.





NEWSLETTER ISSUE 11 MAY 2023



We would like to say thank you to the Peek Whurrong People of the Maar Nation for sharing their land with us. We promise to look after it, the animals and people too.



Outdoors

Rainbow is an arch of colours visible in the sky, caused by the refraction and dispersion of the sun's light by rain or other water droplets in the atmosphere. Being outdoors is a great opportunity to learn Science but also to let our imagination run freely, creating all sort of magic stories.

Mini Chefs

Carrot cake isn't everyone cup of tea, but those children at TheirCare made their own carrot cupcakes and had a blast eating them.

Children are more likely to eat healthier if they help to prepare the food. Can you imagine what can happen if they help to grow the food?



Happy Mother's Day

We would like to extend our Happy Mother's Day wishes to all women who care for children. You are a role model of love, resilience, patience, forgiveness, problem solving, empathy, compassion and the list goes on...



TIMES

Before School: 7:00AM - 8:50AM

After School: 3:20PM - 6:00PM

CONTACT HEAD OFFICE

1300 072 410

info@theircare.com.au

CONTACT SERVICE

0458 100 401

warrnamboolwest@theircare.com.au

Important Dates

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 4 15th - 19th May	15th	16th School Open Day	17th	18th HOL excursion - Salvation Army	19th Division Cross Country Assembly
Week 5 22 - 26th May	22nd	23rd	24th National Simultaneous Storytime 11am	25th F-2 excursion to 'Frozen' at Emmanuel College	26th National Sorry Day Assembly
Week 6 29th - 2nd June	29th Speech and Drama Eisteddfod	30th	31st	1st	2nd Winter Sports 4-6
Week 7 5th - 9th June	5th	6th	7th	8th	9th HOL excursion - Koroit PS Basketball Visit 3-6

Lunch Orders

Warrnambool West Primary School

LUNCH ORDER LIST

Meat Pie	\$3.40	Salad Roll	\$6.00
Pastie	\$3.40	Ham and Salad Roll	\$6.50
Sausage Roll	\$2.70	Chicken and Salad Roll	\$6.50
Small Sausage Roll	\$1.80	Hedgehog	\$3.00
Nibble Pie	\$1.80	Iced Donut (Pink or Choc)	\$2.30
Salad Sandwich	\$5.90	Cinnamon Donut	\$2.10

PLEASE NOTE:

***LUNCH ORDERS MUST BE PLACED AT SCHOOL BY 9AM ON WEDNESDAYS**

*Lunch orders are **ONLY** available on Wednesday

*Lunch orders must be written on a clean paper bag that is big enough to fit the student's order in it

*The correct money must be included. No change will be given.

*Please do not send lunch orders in an envelope.



Students of the Week - Week One



Name	Class	Reason
Molly McColl	F/1 - Mrs Roberts and Mrs Blake	For her wonderful, positive attitude to learning and for always kindly including others, especially people new to the school. Well done Molly!
Karl Recinos	1/2 - Mrs Mitchell	You have been focused on your learning. You have been clear in your explanation about why you have used different strategies. Keep up the great communication Karl!
Ivory Fitzpatrick	2/3 - Miss Grey	For being a learner and managing her stress in positive ways to be successful at school. Well done Ivory and keep it up!
Declan Cousins	3/4 - Miss Evans	For trying his best this week at following instructions and completing learning tasks. Well done Declan!
Ryker	4/5 - Mr Cooper	For being a persistent learner this week and really making sure he completed learning tasks and stayed focused. Well done Ryker on your dedication towards your learning this week.
Babu Songe-Mohamed	5/6 - Mrs McElgunn	Babu manages his class time wisely, has a great understanding of fun and work time and is a friendly and helpful student to all those in his class. He is a delight to teach and is always a great learner.
Charlotte Cowley	Visual Arts - Mrs Blake	For showing she is ready to learn in the Art Room each week. Charlotte watches instructions carefully and completes all pieces to a high standard. She can be relied upon to make positive choices with her learning and is a joy to teach. Well done Charlotte!
Declan Cousins	STEM - Mr Hackett	For turning a leaf in the STEM room. Declan was focused and worked hard with is partner to complete his work. He was able to use the classroom library to continue to extend his learning. Well done!
Loralie Pogorzelski	PE - Mr Hackett	For her kind, caring and helpful attitude she brings to each PE lesson. Loralie often helps with set up and return of equipment and she is a considerate class member. Keep up the great work!





Warrnambool West
Primary School

2024 ENROLMENTS
NOW WELCOME



OPEN DAY TUESDAY
16th MAY

Everyone is welcome to see our school in action.
Open classrooms from 11:30a.m - 1pm.
Auslan and classroom performances from 1pm.
A community BBQ lunch will be provided.

Please call us on 55613161 for individual tours of the school from 8th May
35 Hoddle Street Warrnambool Vic 3280 warrnambool.west.ps@edumail.vic.gov.au



[Apply now to enrol your child in Foundation \(Prep\) for 2024](#)

The Department of Education has released a new statewide timeline for enrolling in Foundation (Prep) for the 2024 school year.

If you have a child starting primary school in 2024, it's time to enrol. Make sure to submit your enrolment application by **Friday 28 July 2023**.

If you are enrolling the sibling of a student at our school for Foundation in 2024, and both children will be attending our school at the same time, your child is prioritised for a place at our school as per the department's Placement Policy.

It is important to follow the state-wide timeline to enrol your child in Foundation. Enrolling your child in line with the timelines allows us to plan our classrooms, staffing and transition activities and ensures your child has the best start to school.

For more information, please read about when and how to enrol your child in Foundation at vic.gov.au/enrolling-foundation-prep.

If you are seeking to enrol your child into Foundation next year, please contact our school office on 5561 3161 or warrnambool.west.ps@education.vic.gov.au to request an enrolment form.



Warrnambool West PS
Mother's Day
Stall
is on again!

OUR SCHOOL COUNCIL WILL
 BE HOLDING THE STALL
 ON FRIDAY 12TH MAY
 IN THE WWPS LIBRARY

**STUDENTS CAN
 PURCHASE GIFTS
 FOR \$5 OR \$10**

Bring your money on the day and
 purchase something special for
 that special woman in your life!



TheirCare
 Where Kids love to be!
 Amazing Before + After School Care Programs
 Warrnambool West Primary School



About the program

TheirCare provides a stimulating and safe environment for all children and an environment where children come and enjoy their time in their program. During sessions children develop life skills, friendships, confidence and creativity through play.

Warrnambool West Primary School has partnered with **TheirCare** to provide quality care, flexibility and commitment to deliver on our promise to your school community.

Operation Times		Fees*	Out of Pocket	Average [^]
Before School Care	7:00am – 8:45am	\$19.00	\$3.13 - \$19.00	\$3.13
After School Care	3:30pm – 6:00pm	\$26.00	\$3.90 - \$26.00	\$3.90
Cancellation / Late Booking	Within 48 hours	\$5.00	\$5.00	
Cancellation Fee	Same Day	Full Fee	See BSC/ASC	

Service Phone Number: 0458 100 401 Your service coordinator will be available during session times. TheirCare support is available during office hours if required on 1300 072 410.

How to Enrol

Visit **TheirCare** website: www.theircare.com.au and click on 'Book Now' in the top right-hand corner to register your child's details.

*Standard fees excluding incursion / excursion costs

[^]Based on ABS published average family income for the suburb the school is located

Hey! Do you find it hard to solve complex mathematical equations?
If yes, there is a way out

PERSONAL MATHEMATICS TUTOR

from Grade 5 to 12

Feel free to discuss more details and contact MANJOT at 0466139644
Arrange your first free session now!

West Warrnambool
Neighbourhood House
Invites you to

TODDLE ON HODDLE

Playgroup for toddlers aged 0-5yrs
Tuesdays 9.30-11am
Morning tea provided
Enquiries: 0418 944 276

FREE

Warrnambool West
Primary School

Neighbourhood Houses
The Heart of Our Community™

**Safe Seats
Safe Kids**

**IS YOUR CHILD
TRAVELLING SAFELY?**

GET FREE CHILDCAR RESTRAINT
FITTINGS & SAFETY CHECKS

ARCHIE GRAHAM COMMUNITY CENTRE (REAR CARPARK),
118 TIMOR STREET, WARRNAMBOOL ON
FRIDAY 26 MAY 2023 FROM 1.00PM - 5.00PM
PLEASE BOOK AT: WWW.SAFESEATSSAFEKIDS.COM.AU

FIND OUT MORE AT SAFESEATSSAFEKIDS.COM.AU



HOMEWORK HELP

EVERY TUESDAY 4PM-5PM (DURING SCHOOL TERMS)
AT THE WARRNAMBOOL LIBRARY.

EXPERIENCED VOLUNTEERS ARE AVAILABLE TO ASSIST
PRIMARY & SECONDARY STUDENTS WITH HOMEWORK,
REVISION, SCHOOL READERS OR ENGLISH
CONVERSATION PRACTICE.

HEALTHY SNACKS PROVIDED.

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Make a
difference
in the lives
of children.

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