

# The West Express

Warrnambool West Primary School

'WWPS is a Child Safe school'



*On behalf of Warrnambool West Primary School, we would like to acknowledge the traditional custodians of the land on which this school is built, and we recognise their connection to the land and community. We respect the stories, traditions, and living cultures of Aboriginal and Torres Strait Islander people. We respect the Elders past, present and emerging on this land, as we continue our learning journey together.*

## Recently in Visual Arts



In Visual Arts, students have begun exploring how artists use materials and symbols to communicate ideas.

In Learning Community 1, students started this learning through **natural art-making**, using found materials such as sticks, leaves, seed pods and bark. Students experimented with arranging and combining these materials to create temporary artworks, encouraging curiosity, creativity and careful observation of the natural environment. This also provided an opportunity for students to think about how we can respectfully use and care for materials from our surroundings.

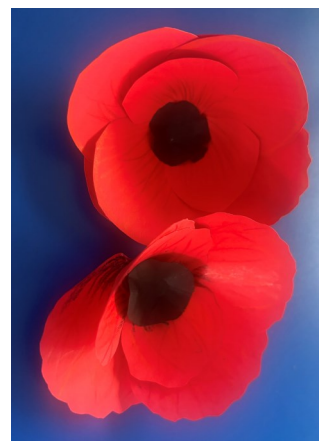
Building on this, students have begun working with paper craft techniques to create flowers. Some classes created poppies, exploring how flowers can act as symbols, including their connection to remembrance.

Across the school, students are developing skills in cutting, arranging, layering and shaping materials. Over the coming weeks, all year levels will continue to build on these skills through collage and construction, with increasing opportunities for students to make creative choices and express their own ideas.



In Visual Arts, students have begun exploring how flowers can be used to communicate meaning and ideas. As part of this learning, some classes created poppies, which are widely recognised as symbols of remembrance.

Students used paper craft techniques such as cutting, arranging, layering and shaping to construct their flowers. These experiences are building foundational skills that will be developed further over the coming weeks as all year levels continue exploring paper construction and collage.



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*From the Principal*

*Ms Karen Holdsworth*

I hope all families enjoyed a restful and refreshing break and that our students have returned ready for another exciting term of learning. Term 2 is always a busy and productive time in schools, and we are looking forward to all that lies ahead.

A key focus for us this term continues to be student attendance. Being at school every day truly matters. Consistent attendance supports not only academic growth, but also students' social connections, confidence, and overall wellbeing. We understand that every family's circumstances are different, and we are here to support you. If there are any barriers to attendance, please reach out so we can work together to ensure your child is engaged and thriving at school.

We are also continuing to strengthen the way we support our students through a range of intervention programs, wellbeing supports, and external opportunities, including clubs and targeted programs. These are designed to meet individual student needs and ensure every child is supported to achieve success. We value working in partnership with families in this space and encourage open communication so we can provide the best possible support.

#### **Parent–Teacher Interviews**

Thank you to all families for your strong support of last Friday's Parent–Teacher Interviews. It was wonderful to see such a high level of participation across the school.

These conversations provided a valuable opportunity to celebrate student success, share proud moments of growth, and discuss learning behaviours, work habits, and social development.

Your engagement sends a powerful message to our students; that the partnership between home and school is positive, supportive, and united in helping them achieve their best. We encourage this strong connection to continue throughout the year, as working together makes a meaningful difference in every child's learning journey.

#### **Industrial Action Update**

You may be aware of a proposed half-day industrial action on Tuesday 12th May. At this stage, we anticipate minimal impact on our school operations. We will keep families informed should anything change.

#### **SunSmart Reminder**

While school hats are no longer compulsory at this time of year, we have certainly seen some beautiful sunny days already this term. Students are encouraged to continue wearing hats when the sun is out.

#### **Swimming Program (Foundation–Year 2)**

Our Foundation to Year 2 swimming program begins next week and will run for two weeks. Please ensure all swimming ability forms have been returned. This information is essential, as the program is a mandatory part of our water safety curriculum and helps ensure all students are placed appropriately and safely.

#### **2027 Foundation Enrolments Now Open**

We are excited to announce that enrolments for our 2027 Foundation students are now open. We will be offering school tours and an information evening for prospective families. If you know of any families looking for the right school for their child, we would greatly appreciate you sharing the story of our wonderful school community.

#### **Mother's Day Stall and High Tea**

Our School Council will once again be holding a Mother's and Special Person's Day Stall on Friday 8th May. Gifts will be available for \$7 each.

We will also be hosting a Mother's and Special Person's High Tea on Monday 11th May at 11am. Please contact the school office if you require an order form. Forms and monies are due Tuesday 5th May.

#### **Welcome Pre-Service Teachers**

We warmly welcome our Deakin University pre-service teachers this term. They bring enthusiasm and fresh perspectives as they build their skills and knowledge of day-to-day school life, including the use of explicit instruction. We are proud to support the next generation of educators.

#### **Public Holiday Reminder**

Please note that the school will be closed on Thursday 7th May for the Warrnambool Cup Public Holiday.

**Eisteddfod Week Approaching**

Our Eisteddfod week is fast approaching, with all classes preparing two contrasting poems. This is always a highlight on our calendar, showcasing our students' confidence, oral language skills, and articulation. We look forward to seeing our students shine and continue our strong tradition of success in this event.

**Head Lice Reminder**

We have had a small number of reported cases of head lice across the school. In line with Department of Education Victoria guidelines, families are asked to regularly check their child's hair for head lice and eggs (nits).

Head lice are a common occurrence in primary school settings and are not related to cleanliness. Early detection and treatment are the most effective ways to prevent spread.

If live lice are found, treatment should begin promptly using

a recommended treatment method, and eggs should be removed. Students can return to school once treatment has commenced.

We appreciate your support in checking your child's hair regularly and notifying the school if head lice are detected, so we can continue to support the health and wellbeing of all students.

For further information, please refer to guidance from the Department of Education Victoria.

Welcome back and thank you for being a valued part of our community and as we begin another great term together, please keep involved with your child's education as together, we make things better.

Kind regards,

Karen Holdsworth

## *From The Office*

**CSEF Applications**

The Camps, Sports and Excursions Fund (CSEF) helps eligible families to cover the costs of school trips, camps, and sporting activities. If you have a valid, means-tested concession card, such as a Veterans Affairs Gold Card, Centrelink Health Care Card, or Pensioner Concession Card, or are a temporary foster parent, you may be eligible. There is also a special consideration category for asylum seeker and refugee families.

Payment amounts this year are \$400 for eligible school students. Payments are made direct to the school to use towards expenses relating to camps, excursions, and sporting activities for the benefit of your child. If you applied for CSEF through our school last year, you do not need to complete an application form this year, unless there has been a change in your family circumstances. If you would like to apply for the first time, forms are available from the front office.

**Parent Payment Contributions**

Parent Payment Contributions for 2026 will be \$290.00 per student. The ongoing financial support of our families ensures that we can provide the excellent range of resources and facilities for your child/children.

We are now receiving payments by bPay, Direct Deposit, CentrePay, Cash or Eftpos. Please call into the office to organise payment arrangements.

**Asthma and Allergy Action Plans**

If your child/children have asthma or allergies, we require an Action Plan to be completed annually. Copies of these forms are available at the office, these should be completed by doctors. This is important information to keep up to date in the case of an emergency.

Please also provide medication to the school with a completed Medication Authority Form for any allergies or Ventolin if your child has asthma.

**Uniform Donations**

If you have any pre-loved uniform that your child has grown out of, please feel free to bring it into the office. We always appreciate any uniform items donated to school.



## *From the Assistant Principal*

Yesterday our school came together for one of the most anticipated events on the calendar-Cross Country. It was a fantastic day that showcased not just physical endurance, but something even more important: resilience.

At WWPS, we talk often about what it means to *be a learner*, and events like Cross Country bring this to life in a powerful way. Every student who stepped up to the starting line demonstrated courage. For some, the challenge was to run their personal best. For others, it was about simply having a go, pushing through nerves, or continuing when things felt tough.

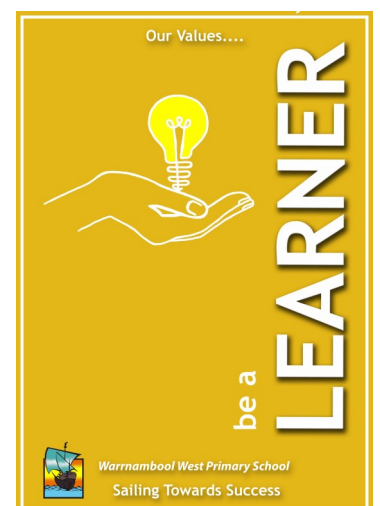
What stood out most was the determination across all year levels. Students encouraged one another, kept moving when it got hard, and showed pride in their efforts regardless of where they finished. That persistence-the willingness to keep going even when it's uncomfortable-is exactly what resilience looks like in action.

We were also incredibly proud of the way students embodied our school values throughout the day. There were countless examples of respect and inclusion, with students cheering each other on and celebrating effort. Staff and spectators commented on the positive spirit and sportsmanship on display.

Events like Cross Country remind us that success isn't just about winning a race-it's about setting a goal, challenging yourself, and following through. These are the habits that support learning in the classroom and beyond.

Well done to all of our students for the way you approached the day. WWPS is proud of your effort, your attitude, and your resilience.

*Ms. Jodie Abbott*



# BIG LIFE

## Term 2 Weeks 1 & 2

The Zones of Regulation describes emotions that are divided into similar energy levels or alertness. This term students are working on ways to positively cope and care for their emotions, so that they can remain engaged in their learning throughout the day at school.

### *Ways to care:*



**Blue zone** – something to lift their energy – eg. change the activity they are doing, have a sleep, drink of water, have a cuddle with a special adult or teddy, ask for help.



**Green zone** – having a snack, drinking some water, going for a walk/ride/run, jumping on the trampoline, talking to a friend or family member, colouring in, going out in nature.



**Yellow zone** – Taking some deep belly breaths, listening to music, talking about their feelings, watching a tv show, colouring in, moving their body – jumping on the trampoline, pushing, pulling, skipping, using a weighted blanket, finding a quiet place to read, writing a thank you letter.



**Red Zone** - Stop what they are doing and find a safe space to have quiet time, take shoes and socks or jumper off, take cold drink, take some deep belly breaths or do a mindfulness activity, find a quiet and safe space outside, cuddle a teddy or into a snuggly doona.

### Big Life with Mel



On Wednesday of week 1 Mel had lots of fun with the F-2 small groups. Groups worked on naming emotions and calming strategies in a 'Mountains of Feelings' board game, while practicing important skills such as listening, waiting patiently, taking turns and coping with disappointment. Mel also started a new drumming group with an enthusiastic bunch of grade 3/4s. Mel will continue to work with the F-4 small groups at West every second Wednesday this term.





# Students of the Term - Term 1



Student	Class	Student	Class
Melyssa Merriman	F - Mrs Roberts and Mrs Blake	Clay Edwards	5/6G - Miss Grey
Oscar Johnson	1/2M - Mrs Mitchell	Archie Pederson	PE - Mr Fitzgibbon
Cooper Hurse	1/2EM - Miss Evans & Ms McElgunn	Payton Hogg	STEM - Mr Fitzgibbon
Ella Hand	3/4H - Miss Hoy	Cindy	Music - Ms Kavanagh
Sophia Yu	3/4WB - Mrs White & Ms Bissett	Heather Gemao	Art - Ms Kavanagh
Elsie Mitchell	5/6S - Mr Symonds		



## Important Dates

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 3 4th - 8th May	04 F-2 Swimming	05 F-2 Swimming	06 F-2 Swimming	07 Warrnambool Cup Public Holiday	08 F-2 Where is the Green Sheep? Performance F-2 Swimming District Cross Country
Week 4 11th - 15th May	11 11am Mother's Day High Tea F-2 Swimming 2027 Foundation Information Night	12 F-2 Swimming 10am - 2027 Foundation Tour	13 F-2 Swimming	14 F-2 Swimming 9:30-11am Toddle on Hoddle 10am - 2027 Foundation Tour	15 F-2 Swimming Walk Safely to School Day
Week 5 18th - 22nd May	18	19	20 10am - 2027 Foundation Tour 3:30-4:30pm Auskick	21 9:30-11am Toddle on Hoddle	22 2:45pm Assembly
Week 6 25th - 29th May	25	26	27 12pm National Simultaneous Storytime	28 9:30-11am Toddle on Hoddle	29 2:45pm Assembly

## Lunch Orders

### Warrnambool West Primary School

#### LUNCH ORDER LIST 2026

#### Hot Food

Nibble Pie (GF available)	\$2.70
Half Sausage Roll (GF av)	\$2.70
Sausage Roll	\$4.50
Plain Pie	\$6.00
Steamed Dim Sim	\$1.60
GF Steamed Dim Sim	\$2.80
Chicken Nuggets	\$1.00
GF Chicken Nuggets	\$1.50

#### Sandwiches, Rolls & Toasties

Ham & Cheese Sandwich	\$5.90
Roll	\$6.80
Ham, Cheese & Tomato Sandwich	\$5.90
Roll	\$6.80
Chicken, Cheese & Mayo Sandwich	\$5.90
Roll	\$6.80
Chicken & Cheese Sandwich	\$5.90
Roll	\$6.80
Extra salads 50c each (Tomato, beetroot, carrot, cucumber, onion, avocado, cheese, lettuce)	

#### Snacks

Finger Bun	\$3.50
Mini Slice (hedgehog, jelly, caramel, lemon)	\$2.50
Gluten Free Slice (lemon, hedgehog, caramel, strawberry cheesecake)	\$3.50

GF sandwiches & wraps available for the same price as roll. Please note this on your order.

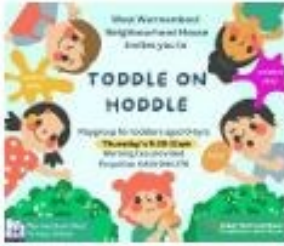
Please write child's full name, room number and order on paper bag. **Do not write orders on envelopes.**

Correct money must be included. **No change will be given.**

If you are placing your order at school, orders are due at 9am

If you are placing your order directly through Morriss Road Takeaway, orders must be placed by 9:15am

**Late orders will not be accepted**



# Warrnambool West Primary School

Warrnambool West Primary School and West Warrnambool Neighbourhood House have a fabulous term of activities planned!

Join us for lots of fun with friends! Tactile activities, art and craft, story time, sing-alongs, play areas, special themes, dress ups and much more!

## Term 2

Date	Theme	Date	Theme
30 <sup>th</sup> April  7 <sup>th</sup> May is a Public Holiday. No ToH.		4 <sup>th</sup> June	
14 <sup>th</sup> May		11 <sup>th</sup> June	Transport 
21 <sup>st</sup> May		18 <sup>th</sup> June	
28 <sup>th</sup> May	Transport 	25 <sup>th</sup> June	 End of Term Party!

When: Thursday mornings 9.30-11am

Cost: \$0

Where: WWPS Multi Purpose Room

Provided: Fruit platters for morning tea

Bring: Water bottles

We can't wait to see you! Renae and Jill 😊

# Cultivating Carers



A carer support group with a kitchen-garden-wellbeing theme.

**1 - 2pm, Monday 4th May**

**Meditation**

Aneeta Snow will guide us through a gentle meditation.

**10 - 11am, Thursday 14th May**

**Chair Yoga**

Michelle Brooks will guide us through a gentle chair yoga session.

**10am - noon, Thursday 21st May**

**Cooking up a Storm**

Chop, chat, cook and take home some home made goodness.

**10am - noon, Thursday 28th May**

**Jewellery Making: A coastal crafting experience**

A jewellery making workshop using items from our coastline.

**10am - noon, Thursday 4 June**

**Garden Chat Relax Reset**

**noon - 2pm, Thursday 25 June**

**Pamper Party - SAVE THE DATE**

Celebrations, give aways and more.

All workshops are free for unpaid carers and held at West Warrnambool Neighbourhood House, Pecten Avenue Park. To book or ask questions call Brenda on 0418 392 948 or breezyblenda@gmail.com



Cultivating Carers is supported by the Victorian Government



Explore the first step in their educational journey

## Kindergarten Open Day

Wednesday 13th May 2026.

Registrations for 2027 open **Monday 18 May** - First Round Registrations Close **Friday 29 May**

Kindergarten Registrations can be completed online via our website:

[www.warrnambool.vic.gov.au/kindergartens](http://www.warrnambool.vic.gov.au/kindergartens)

Our Kindergartens will be open at: Turn over for map

1. Allansford Kindergarten 82 Ziegler Parade, Allansford	9am - 1pm	7. Mahogany Kindergarten 35 Huddle Street, Warrnambool	9am - 1pm
2. Beamish St Kindergarten 23 Beamish Street, Warrnambool	9am - 1pm	8. Warrnambool East Kindergarten 22E-26E Lava Street, Warrnambool	9am - 1pm
3. Central Kindergarten 2 Manifold Street, Warrnambool	9am - 1pm	9. Warrnambool South Kindergarten 24 Stanley Street, Warrnambool	9am - 1pm
4. City Kindergarten 600 Raglan Parade, Warrnambool	9am - 1pm	10. Sherwood Park Kindergarten Deakin University, Princes Hwy, Warrnambool	9.30am 10am
5. Dennington Kindergarten 12-16 The Esplanade, Warrnambool	9am - 1pm	11. Matron Swinton Kindergarten 13-15 Lippok Court, Warrnambool	10.30am 11am
6. Lions Hopkins Kindergarten 31 Gladstone Street, Warrnambool	9am - 1pm	12. Florence Collins Kindergarten 27-47 Kepler Street, Warrnambool	11.30am 12pm

Sessional Kindergartens

Early Learning Centres



[www.warrnambool.vic.gov.au](http://www.warrnambool.vic.gov.au)

[contact@warrnambool.vic.gov.au](mailto:contact@warrnambool.vic.gov.au)

5559 4800



# ANTI-HEADLICE SCRUNCHIES

HELP PREVENT PESKY HEAD LICE!

**HELPS PREVENT PESKY HEAD LICE**

**INFUSED WITH CITRONELLA**

**HANDMADE WITH SOFT COTTON**

ONLY **\$8** each

MADE WITH CARE TO HELP KEEP little heads LICE-FREE!

**PREVENTION ONLY - WILL NOT TREAT EXISTING INFESTATIONS.**

Find us on Facebook!

ORDER THROUGH THE **CORKZ CREATIONS** FACEBOOK PAGE



You're invited to our  
Mother's/Special persons day.

# High Tea

11.00am

MONDAY

11<sup>TH</sup> MAY 2026

Warrnambool West Primary  
School Multipurpose room.

\$5.00 per person.

Please return payment by  
Tuesday 5<sup>th</sup> May

Please contact the Front  
Office for an order form



# Mothers and Special Person

## Day Stall

8 MAY | FRIDAY

WWPS SCHOOL COUNCIL ARE  
HOLDING THE ANNUAL  
MOTHER'S DAY/SPECIAL  
PERSON DAY STALL

\$7.00 PER GIFT. PLEASE  
BRING THE CORRECT  
CHANGE.

HELD IN THE LIBRARY FROM 9AM-



The grass stains you get playing as a kid  
stay with you your whole life. So for fun,  
friendship, and getting your hands dirty, it's  
gotta be NAB AFL Auskick.

[PLAY.AFL/AUSKICK](https://play.afl/auskick)

# WARRNAMBOOL WEST PS AUSKICK CENTRE

STARTING WEDNESDAY 20 MAY | 3:30PM  
FUN & FOOTY STRAIGHT AFTER SCHOOL!

Warrnambool West PS Oval

Contact Tristan Gibbs | PH: 0476 980 108

ALL GIRLS  
GROUPS  
AVAILABLE



FIND  
YOUR CLUB