

The West Express

Warrnambool West Primary School

'WWPS is a Child Safe school'



On behalf of Warrnambool West Primary School, we would like to acknowledge the traditional custodians of the land on which this school is built, and we recognise their connection to the land and community. We respect the stories, traditions, and living cultures of Aboriginal and Torres Strait Islander people. We respect the Elders past, present and emerging on this land, as we continue our learning journey together.

Money Maths Blasters

In Year 5/6 we have been learning to make financial plans. We have created our own shops based on our clients likes and dislikes. We were required to ask for a loan from the bank and then try to recoup that money. We have looked at percentages, sale prices and market and retail prices. We have calculated the odds of making money and going into competitions to win. We have had to count money and give change to customers and improve our chances of selling all our stock. Some of our shops include coffee shops, gaming shops, sports shops and a pet shop. We have had a great time making, spending and repaying money and we have learned a lot about finances!



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SAILING TOWARDS SUCCESS



From the Principal

Mrs Clare Monk

Dear families,

Firstly, thank you to members of our Warrnambool West community for their messages of condolences with the passing of my dear mum. Mothers have an incredible impact on our lives, and they influence who we are, our beliefs and moral compass as adults. I am very grateful that I was able to take leave from work to grieve and spend time with my immediate family and my fourteen siblings. Thanks to Karen Holdsworth for stepping into the acting principal role in my absence; it was reassuring knowing that the school was in very capable hands.

The end of our 2023 school year is fast approaching, with just over two weeks remaining until the end of the school year. The last weeks are always hectic as we finish one year and plan for another. It has been great to see the Year 5/6's students sharing more great times with each other during our surf program which commenced on Tuesday. These water safety lessons have focused on keeping safe at the beach, swimming between the flags and becoming aware of dangers such as rips. The program provides invaluable opportunities and experiences for students especially heading into Summer and supports children to understand that while water play is great fun, it can also be extremely dangerous. A friendly reminder that when you visit the beach (if the weather ever warms up), constant, vigilant supervision is paramount to keeping kids safe.

Koorie Celebration Day

A day of fun, tradition and culture was enjoyed by our year 3-6 Koorie students last Friday when they celebrated another year of learning and to acknowledge the year six graduation of Koorie students from our local schools. Graduating students received a small trophy to recognise seven years of primary education. Congratulations to Coen Kilpatrick on his graduation. Thanks to Woolsthorpe Primary School for hosting and Worn Gundidji for organising. Miss McElgunn attended the event with our

students and at the end of the day was beaming with pride about the exceptional behaviours of our students and the way they represented our school.

Excursions

As the year draws to a close it is fantastic to have our students out in the community enjoying the company of each other while exploring the wonderful places Warrnambool and district has on offer. Last week Learning Community one participating in some off-site learning about farm produce. They learnt lots about beekeeping from Ben and visited Volcanic Produce at Tower Hill harvesting cabbages to donate to FoodShare and picked (and ate) fresh strawberries. Tomorrow the learning continues as the students head off on a Paddock to Plate excursion. The students have an early start to their day with the buses leaving school at 7:30am to visit Kilpatrick's Farm at Southern Cross. Students will watch the cows getting milked, learn about cow nutrition, milk processing and taste some dairy food samples. I look forward to hearing all the stories from the students when they return to school at recess.

Other excursions include a swim and BBQ lunch at Aqua Zone for all students on 4th December. Learning Community 2 will also celebrate the end of the year with an excursion to Ten Pin Bowling and play at Lake Pertobe on December 6th. We ask that you continue to check COMPASS for excursion notifications as students will not be able to attend these excursions without signed parent consent which can be completed online.

Workforce Planning 2024

Our planning for 2024 is well underway. The Leadership Team is fine tuning class organisation, teacher placement and numbers of classes that will fit within the Student Resource Package (SRP) which is the funding model provided by the Department of Education. The Department of Education provides funding for our school based on the number of students enrolled on 28 February 2024. Projecting the numbers of students in each class commences with the 2023 number of students and known new arrivals and departures. The number of classes is determined by the budget provided to the school to fund all teachers.

In 2024, all full-time teachers must be provided with 4 hours of non-face-to-face teaching to attend to planning, preparing resources, assessing, administration, emails,

marking work and the many, many tasks and requirements teachers undertake in their very complex job.

Specialist classes for 2024 will be: Art, PE, STEM, Music/PMP (F-2 per semester) and Kitchen Garden (3-6). At this stage our LOTE program (AUSLAN) will continued to be offered as part of the classroom program.

We endeavour to maintain even class sizes for all levels with configurations that have an even spread of girls and boys and ability levels. If we know where numbers of enrolments will be or are leaving, we can do this in the most effective way possible. With **only 11 school days left** it's getting close to the end of the year. Last minute notification of families makes this really challenging so please advise if you know that you are moving.

Thank you to the families who have contacted the office already with this information. We also have new enrolments still coming in. At this time, we are closely tracking and monitoring the enrolments and will confirm the staffing with the community before the end of the year.

As the numbers of students at each year level impacts this organisation, we need to know how many students will have enrolled to make up each year's level and then how we can best organise grades and compositions.

The State-wide 'Step-up' Day

For all students in government schools is Tuesday 12th December. Students will visit their new classroom for 2024 and spend the morning with their teacher before returning to their current classroom at 12:30pm. Year six students should have received confirmation of arrangements for their secondary school their transition days on the 11th and 12th of December. I encourage families to communicate directly with the secondary school if you have any questions or concerns.

Christmas Raffle

We will be once again holding a Christmas Hamper raffle.

To assist with items for the hampers we ask that families donate non-perishable items using the theme of Christmas. Items can be left at the front office. Raffle books will be sent home tomorrow with the oldest child in the family, with the purchase price of \$1 per ticket or 6 tickets for \$5.00.

Library Books

Tomorrow will be the final day of class visits to the library. I ask that all borrowed books from the library be returned to school. We need all students to check under their beds, in the bookshelf and behind the couch for any books that they may have at home.

Family Celebration

To celebrate the end of another wonderful year at West, families are invited to school on Friday 15th December at 12 PM for our final assembly for 2023. Student of term awards will be presented, and families can watch students participate in a mini-Christmas Pageant. This is by no means a 'polished event' and has been organised to celebrate the end of the school year with a fun and laughter after a full year of learning. After the assembly, families are invited to bring along a rug and a picnic lunch to share with their children. Save the date and hope to see you there!

Students last day of Attendance

The last day of attendance for students will be Friday 15th December, this has been approved by School Council. Student testing for 2024 will be held on Monday 18th & Tuesday 19th December. Students will only be required to attend school for an hour on either of these days. More information will be sent home soon with appointment times.

Enjoy the remainder of your week,
Clare Monk
Principal

From the Office

School Council have approved the 2024 Parent Payment Policy.

Student book packs, including classroom consumables, will again be available to purchase from Darrian's Office Choice.

A copy of the Parent Payment Policy and information regarding book pack ordering will be sent home with students in the coming week.



*From the
Assistant Principal*

Sleep Health for Students

While we know sleep is essential for good health, research shows that many children and young people are not getting enough sleep on school nights. This can affect thinking, concentration, memory, reaction times and mood.

At Warrnambool West, we are advocates in promoting positive healthy routines with our students and this includes the links to our mental health, wellbeing and learning ability and sleep is the common denominator that links all three factors. Often, students come to school tired, explaining they had a late night or were up late watching TV or gaming. These habits do affect their energy, input and output while at school. So have a think, what routines do you have at home? Are these factors below indicating your child is not having enough sleep?

I encourage all parents to think about the signs that your child is demonstrating, where not getting enough sleep can include:

- low mood and irritability during social interactions
- reluctance or arguing about getting off devices and going to bed
- falling asleep during the day – including class time!!
- difficulties waking up for school and sleeping in late on weekends to catch up
- changes to communicating or interacting at home.

You can help your child to improve their sleep by:

- establishing a regular sleep pattern and consistent bedtime routines
- supporting them to avoid using electronic devices such as smartphones before going to bed and in bed
- encouraging your child to exercise and spend time outside in daylight, but steering clear of vigorous activity in the hour before sleep
- encouraging them to wind down and relax before going to bed and again... avoiding screentime to 'wind' down.

Research shows about 12% of primary school-aged children don't get enough sleep on school nights. The recommended amount of time to sleep for primary school-aged children is 9 to 11 hours.

Researchers collected ongoing data in an ongoing Adolescent Brain Cognitive Development (ABCD) study. The researchers found that children in the insufficient sleep group at the start of the study had more mental health and behavioural challenges than those who got sufficient sleep. These included impulsivity, stress, depression, anxiety, aggressive behaviour, and thinking problems. The children with insufficient sleep also had impaired cognitive functions such as decision making, conflict solving, working memory, and learning.

If your child is still having trouble sleeping, has persistent problems with low mood, excessive daytime sleepiness, argumentative dispositions, low energy and showing a lack of interest in things they would normally get excited about, then it may be time to review bedtime routines and habits.

For more information on sleep health, you can refer to: · Sleep tips for children and Facts about sleep for parents and school staff, from the Sleep Health Foundation · Why sleep is so important, from the Kids Helpline's · Sleep explained, from the Better Health Channel.

Whether we are in our 30s, teens, 40s or even pre-schoolers, our well being, positive functioning behaviours and general self care are the most important factors that contribute to our success at school. And a good night and regular sleep pattern is one to not ignore!

Ms. Karen Holdsworth



Our Week 9 & 10 focus across our school is **connectedness**

Connectedness is a sense of being cared for, being supported, and belonging at Warrnambool West Primary School.

Here is some of the ways which we are building connectedness across the school:

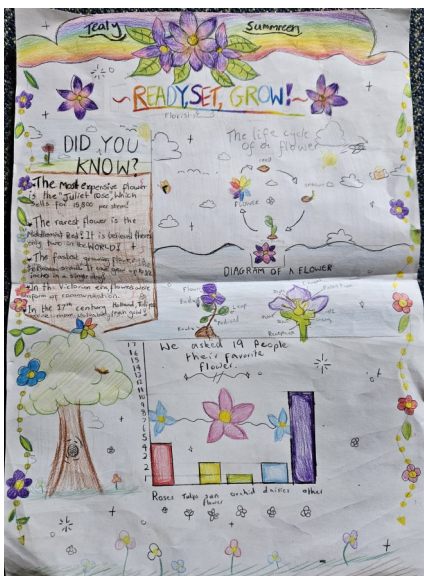
Ukulele and Guitar

Each Monday and Thursday after school this term students have joined Mr Hackett for guitar and ukulele lessons. The students who attend this program have a sense of belonging and are supported to build their musical skill and knowledge using the instruments. They have a laugh, learn new chords and songs, and more importantly develop a sense of connectedness through the program. Keep an eye out for us at the final assembly for some special performances!



Hands on Learning

Our fantastic Hands-on Learning program each Thursday is coming to a close for 2023. We are so proud of our students for their outstanding work throughout the year. Throughout the year we have been meeting up with multiple community groups including the KDPS HoL team. Tomorrow we will celebrate this connection by joining them for a fishing trip and BBQ in Port Fairy for the day. The students will also welcome family members in the morning to showcase their Term 4 project builds.



STEM research projects

Student voice is a big part of our learnings at WWPS. During STEM this term the senior students have been able to choose their research topic within the field of biology. From anthropology and floristry to coprology (study of poo!) the students were supported in completing a research project in the STEM classroom. We love how these turned out and are proud to develop our connectedness along the way.

Koorie Celebration Day

On Tuesday November 21st fourteen Aboriginal students attended the Koorie Celebration Day at Woolsthorpe Primary School. It was a day of fun and a day to celebrate and congratulate our Year 6 Koorie students graduating primary school. We congratulate Coen Kilpatrick and Winnie Chivers, they have been a part of our Koorie Group since their first days in Prep.

The students participated in 7 activities: bush cooking, touch rugby, singing and dancing with Brett Clarke, ball games, cricket, hut building and tug of war. This was followed by a barbeque and Graduation Award Ceremony.

All the students were very well behaved and had a great day meeting other students from around the district.

Nathaniel

My favourite was singing and a game with Brett Clarke. Brett told us a lot about Koorie clothes, instruments and weapons. We had great fun playing

Jacko

We went to Woolsthorpe Primary School. My favourite activity was cooking damper with Coen and 3 other kids. We built a hut out of lots of sticks and wood. We did 7 activities and it was super fun.



Farm to Plate Excursion



On Tuesday November 21st we went to Tower Hill Bee-Keeping with Tim and Volcano Produce with Ben. At Volcano Produce, we raced to collect cabbages to donate to food share. Then we picked (and ate!) our own delicious, fresh strawberries!



Important Dates

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 9 27th - 1st December	27th	28th 9:30-11am Toddler on Hoddle	29th	30th 2:15-3:15pm 2024 Foundation Transition Visit	1st F-2 Dairy Excursion HoL Fishing 2:50pm Assembly
Week 10 4th - 8th December	4th Whole School End of Year Aqua Zone Excursion	5th 9:30-11am Toddler on Hoddle	6th 3-6 Celebration Day	7th 2:15-3:15pm 2024 Foundation Transition Visit	8th 2:50pm Assembly
Week 11 11th - 15th December	11th	12th Statewide Transition Day	13th	14th	15th STUDENT'S LAST DAY 3:20pm finish

Lunch Orders

Warrnambool West Primary School

LUNCH ORDER LIST

Meat Pie	\$3.40	Salad Roll	\$6.00
Pastie	\$3.40	Ham and Salad Roll	\$6.50
Sausage Roll	\$2.70	Chicken and Salad Roll	\$6.50
Small Sausage Roll	\$1.80	Hedgehog	\$3.00
Nibble Pie	\$1.80	Iced Donut (Pink or Choc)	\$2.30
Salad Sandwich	\$5.90	Cinnamon Donut	\$2.10

PLEASE NOTE:

***LUNCH ORDERS MUST BE PLACED AT SCHOOL BY 9AM ON WEDNESDAYS**

*Lunch orders are **ONLY** available on Wednesday

*Lunch orders must be written on a clean paper bag that is big enough to fit the student's order in it

*The correct money must be included. No change will be given.

*Please do not send lunch orders in an envelope.



Students of the Week - Week 7



Name	Class	Reason
Aaliyah Parkinson	F/1 - Mrs Roberts and Mrs Blake	For being such a positive learner in the F/1 classroom. Aaliyah has been doing extra work to learn her letter sounds and blending, showing good progress. This week she also achieved her certificate for reading her Golden Words. We are super proud!
Xion Enriquez	1/2 - Mrs Mitchell	For being a learner. Xion has smoothly transitioned into WWPS. He gives every activity a go and completes tasks to the best of his ability. Xion has made friends and is kind to all.
Harry Mitchell	2/3 - Miss Grey	For always being a learner by always challenging himself, never giving up when something is difficult and seeking support when needing clarification. Harry always shows respect to himself, his learning and his peers.
Kyle Lewis	3/4 - Miss Evans	Kyle has been very helpful and respectful with the teachers that have been coming into the classroom. He has worked hard during his learning minutes and has been successful in the work he has completed.
Onyx Bowler	4/5 - Mr Cooper and Mrs Woolman	For showing the value of inclusivity and helping his peers in the classroom. This week in Maths, Onyx has been enthusiastic about his learning and produced a creative and detailed board game including both chance and money elements.
Andy Zhan	5/6 - Ms McElgunn	Andy always comes to school ready to learn and uses his learning time effectively. He enjoys being challenged and works hard when he is in the learning pit. Andy's questioning is great, his creative thinking is improving.
Tenley Chandler	Visual Arts - Mrs Blake	For being an excellent artist every week. Tenley watches, listens and works quietly with her peers to complete beautiful pieces of work for display. I enjoy working with you and watching your progress.



Students of the Week - Week 8



Name	Class	Reason
Evelyn Chivers	F/1 - Mrs Roberts and Mrs Blake	For
Camellia	1/2 - Mrs Mitchell	Camellia
Tiego Lopez-Lara	2/3 - Miss Grey	For
Mackenzee	3/4 - Mr Cooper	For
Alese White	4/5 - Mr Cooper and Mrs Woolman	For
Pavi Kaur	5/6 - Ms McElgunn	Pavi
Isabelle Clays	Visual Arts - Mrs Blake	For



WARRNAMBOOL WEST PRIMARY SCHOOL

WELCOMES YOU TO ATTEND OUR TRANSITION VISITS FOR CHILDREN STARTING FOUNDATION IN 2024.

Thursday 23rd November 2023

Come along and meet your teachers and get to know the children in your class.

2:15-
3:15pm



Attending
transition sets your
child up for a great
start to
Foundation!

Thursday 30th November 2023

Share our love of music and books,
singing songs together!

2:15-
3:15pm



Thursday 7th December 2023

Let's get creative in the Art
Room and practice some Auslan!

2:15-
3:15pm

Tuesday 12th December 2023

State-wide Transition Day

9am-
12pm



0355613161



warrnambool.west.ps@education.vic.gov.au



Warrnambool West PS Christmas Hamper Raffle 2023

★ We need your help! ★

★ Please donate items for
the Christmas hampers. ★

★ Items can include Christmas gifts,
non-perishable foods, Christmas
decorations etc ★

★ Please bring these items to the
front office. ★

★ RAFFLE TICKETS WILL BE SENT HOME
LATER IN THE TERM AND DRAWN AT
THE FINAL ASSEMBLY OF THE YEAR ★

2023 Last ToH Celebration

What a fabulous and busy Toddle on Hoddle we have had at WWPS with West Warrnambool Neighbourhood House.

We could not be anymore proud of what we have all achieved together this year.

With your support, we have developed fabulous activities, friendships and fun for our wonderful little ones and their beautiful families.

Let's celebrate this huge success together with a festive Christmas Session next week!

Where: WWPS Multi-Purpose Room

When: Tuesday 5th December

Time: 9.30-11am

Wear: Clothes with Christmas cheer!

Bring: A small amount of festive fun food to share.

NO nuts or seeds please

Many thanks, Renae and Jill 😊



THE WARRNAMBOOL SYMPHONY ORCHESTRA
& THE LIGHTHOUSE THEATRE PRESENT

RUMPELSTILTSKIN

Family Concert

Sunday 3 December
2pm & 4pm
Lighthouse Studio

Special guest conductor and composer,
Stefan Cassomenos. This year he has
written a piece called "Rumpelstiltskin"
especially for this concert. Hear the
world premiere of this new work!

ALL
TICKETS
\$7.50



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