

The West Express

Warrnambool West Primary School

'WWPS is a Child Safe school'



On behalf of Warrnambool West Primary School, we would like to acknowledge the traditional custodians of the land on which this school is built, and we recognise their connection to the land and community. We respect the stories, traditions, and living cultures of Aboriginal and Torres Strait Islander people. We respect the Elders past, present and emerging on this land, as we continue our learning journey together.

National Reconciliation Week 2023 is Be a Voice for Generations

National Reconciliation Week is held annually in Australia from **27th May to 3rd June**.

This year's theme encourages all Australians to be a **voice for reconciliation** in tangible ways in our everyday lives – where we live, work and socialise.

2/3G along with the rest of the school, took the time to reflect on our shared histories and build on positive and respectful relationships and the connection between Aboriginal and Torres Strait Islander Peoples and other Australians.

Reconciliation means when we all come together and celebrate one another - Hamish

Reconciliation means being kind and respectful to everyone – Maddie R

Reconciliation week allows us to explore the indigenous culture – Harry

We look at how indigenous people connected to the land – Ivory

Reconciliation Week we come together, rejoice and celebrate the indigenous culture – Tuurann



35 Hoddle Street Warrnambool 3280 Ph: (03) 5561 3161 Fax: (03) 5561 2369

Email: warrnambool.west.ps@edumail.vic.gov.au Web: warrnamboolwestps.vic.edu.au

SAILING TOWARDS SUCCESS



From the Principal

Mrs Clare Monk

Dear Families,

I would like to celebrate and acknowledge the wonderful work that has occurred across the school this fortnight. We are mid-way through the term and our students are focused on their learning. Our teachers are working hard to complete assessments to inform our upcoming reports and plan for the needs of their students. This week I am attending the State Principal Conference in Melbourne and then taking a few days long service leave for the remainder of the week. Karen Holdsworth will lead the school in my absence.

Last Friday, 26th May was National Sorry Day which has led into **National Reconciliation Week**. This year, all Australians are asked to be braver on issues affecting Aboriginal and Torres Strait Islander peoples. We cannot begin to fix the problems of the present without understating and acknowledging the truth of our history. The theme for Reconciliation Week 'Be a Voice for Generations' gives us the opportunity to do more for reconciliation in our daily lives. It encourages all Australians to be a voice for reconciliations in tangible ways in their everyday lives. It challenges us to work together on the unfinished business of reconciliation so we can make change to benefit all Australians.

We are a proud community where our Indigenous students and their families are at the centre of who we are here at Warrnambool West. We acknowledge the historical significance of our first peoples and this is evident in every classroom; Science, The Arts, Inquiry learning and literacy. National Reconciliation Week is a time for all Australians to learn about our shared histories, cultures, and achievements, and to explore how each of us can contribute to achieving reconciliation in Australia.

AFL Game

What a fabulous afternoon/evening we had at GMHBA stadium Geelong last Saturday. Twenty super eager students and five staff members boarded the coach and headed down the highway to Geelong to watch Geelong Cats play Greater Western Sydney as part of the AFL indigenous round.

The students witnessed a close encounter between the two teams with GWS victorious on the day. A highlight of the excursion was playing a half-time AUSKICK game on the oval with staff members coaching as well as showcasing their talents (or not!) as goal and boundary umpires.

A huge thank you to Shane Bell for supporting our school with ticket and transport costs. Miss McElgunn did an awesome job organising the event with such short notice and I thank her for giving our students an experience they won't forget. I also sincerely wish to thank Mr Robinson, Miss Grey and Georga for giving up their Saturday to attend the event with myself and Miss McElgunn. Our students were so well behaved, representing our school proudly!

Eisteddfod

We are extremely proud of all our students for their participation and success in the Warrnambool Eisteddfod competition. All classes entered the choral reading section of their year level and we are thrilled with their results.

In first place was 5/6 McElgunn, second place year 2/3G and F/1 R and third place was 3/4E and 1/2M. It has been many years since our school has experienced such success. I wish to thank all staff for their enthusiasm and passion in working with the classes. Above all, I wish to thank our students, who brought us great joy with their performances. It was also wonderful to have many parents attend; the children absolutely 'love' sharing their learning in front of you.

Winter Sports

Last Friday our years 4- 6 students participated in the District Schools Winter Sports event at St Johns. Students had the choice to play Netball, Football or Soccer.

Our students participated in weekly training sessions during PE classes and at lunchtimes to develop their knowledge and skills specific to their sport. We were very proud of the teamwork and sportsmanship displayed by all of our teams and students. Thanks to Mr Hackett for organising the event and teachers for giving up lunch and recess breaks to offer training opportunities for the students.

Attitudes to School Survey

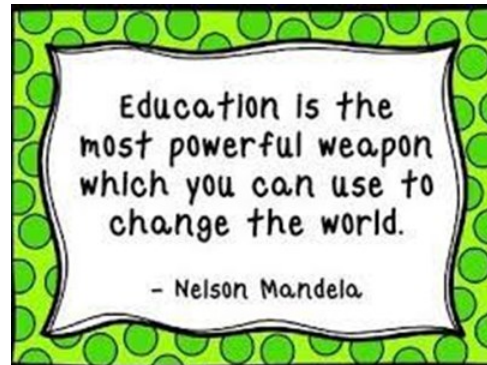
Students in Year 4-6 completed the annual student survey offered by the Department of Education and Training this week. The on-line survey assists schools to gain an understanding of students' perceptions and experience of school. Results will be returned to the school in term 3 and will be used to plan programs and activities to improve your child's schooling experience.

King's Birthday Holiday

Monday 12th June is a public holiday. Students do not attend school on this day. As the weekend is an extra-long one for families, I would like to wish you a wonderful weekend where you may have the opportunity to take a break, go for a drive or just simply rest and reset

Regards,
Clare Monk

Thought of the Week



From the Office...

Thank you to those families who have paid their parent contributions in full. There are many of you that have used Bpay, Centre Pay or even come into the office; It is greatly appreciated. If you are yet to make your parent contribution please make use of our different options, including signing up for Centre Pay. Your contributions are supporting the learning of your students in our school community.

2024 Enrolments

There has been a new state-wide timeline for enrolling in Prep for the 2024 school year, with guidelines around dates being mandated. Therefore, if you have a child starting primary school in 2024, it is time to enrol. Every application must be submitted before Friday 28th July 2023. If you currently have a child attending WWPS and a new sibling beginning in 2024, your child will be prioritised at our school as per the Department's Placement Policy. We encourage you to visit the school office at your earliest convenience to complete an enrolment form (you will require your child's birth certificate or passport and their Medicare Immunisation Certificate).





*From the
Assistant Principal*

Making Social Learning Stick at Home

Our whole school purpose from the start, has been to learn and to live with the A Big Life qualities: Connected, clear, calm, grateful, kind. Equipping our students and upskilling ourselves as key educational providers is core to who we are at Warrnambool West PS.

Adulting, parenting and care giving can be stressful. Days can be like rough seas and our 'ship' gets knocked around, navigating the high and low ocean waves. Luckily, we each have enough emotional intelligence to navigate these daily waters and the ability to teach our children to understand, demonstrate and develop strong emotional intelligence too.

Emotions happen all day long, so using situations to become aware of them, label them, and teach skills for coping and managing them is where the learning happens. Our children are watching what we say and do and, like mirrors, they will reflect back the social and emotional skills we model.

Boosting your own emotional intelligence will support your children's social-emotional learning. It is how we choose to face our triggers and tune into our bodies that our children will imitate. Of course, when our children's dysregulation takes hold, it can be difficult to co-regulate and not to follow them into the red zone. But this is key! Do not react – but respond. And respond with calm, understanding and offer some tools to regulate.

When our bodies and emotions are calm and regulated, our children will follow. Pausing and using the tools you already have, will help you build upon their strengths.

When you pause in your child's emotional yellow or red zone, ask yourself this: How can we modify our environment? Is this a good time to co-regulate? How can we use mindfulness in small ways that add to and benefit the day?

Students are working on their Mood Lifting or Energy lifting tool kits with their teachers. What a great opportunity to gather some ideas and have some for home. Try these:

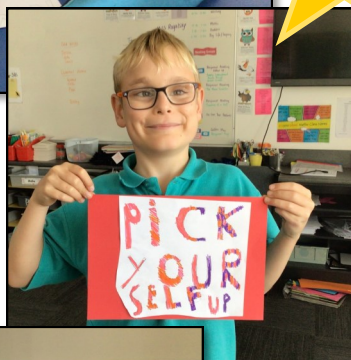
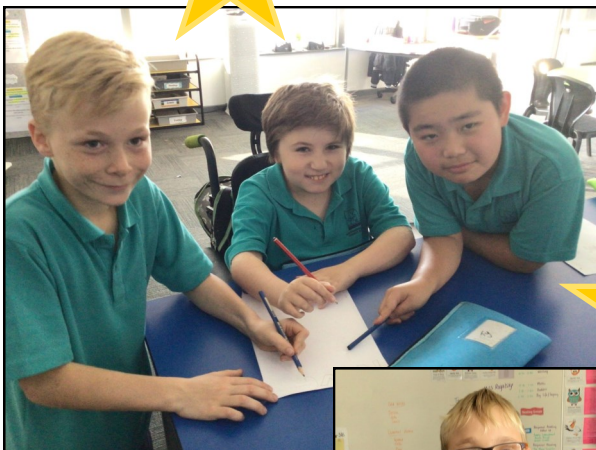
- One breath for me, one breath for you
- Taking an emotional check-in at dinner time.
- Using think alouds.. modelling your inner coach thinking eg I can't get the job I want yet but I know that if I keep trying or ask for help I will get there.

How these questions and tools show up in your home will be unique to you and your family. Every family is different, and so is every moment. Parenting is changeable, but you can hold firm in your boundaries while also connecting with your children



For Big Life this week the Year 5/6 team have been looking at our Mental Health and the impact self-talk has on our emotions, feelings and attitude towards things. If we use Positive Affirmations our own thoughts can change the way we feel and think. We learnt to be “KIND TO OURSELVES” and think in a way that will help us. Calm breathing, positive friends and a growth mindset can all help us be successful. EVERYONE WANTS TO BE SUCCESSFUL!

We don't know what other people are thinking and feeling so we have to be considerate of others and “think before we speak.” Our actions and words are important and can change someone's day so let's make it a GOOD CHANGE.



Important Dates

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 8 12th - 16th June	12th King's Birthday Public Holiday No School	13th	14th	15th Royal Flying Doctor Incursion	16th 3-6 Basketball at the Arc
Week 9 19th - 23rd June	19th	20th	21st	22nd Matt Buck - AFLW Carlton Coach visit	23rd Last Day Term 2
	School Holidays				
	School Holidays				
Week 1 10th - 14th July	10th	11th	12th	13th	14th

Lunch Orders

Warrnambool West Primary School

LUNCH ORDER LIST

Meat Pie	\$3.40	Salad Roll	\$6.00
Pastie	\$3.40	Ham and Salad Roll	\$6.50
Sausage Roll	\$2.70	Chicken and Salad Roll	\$6.50
Small Sausage Roll	\$1.80	Hedgehog	\$3.00
Nibble Pie	\$1.80	Iced Donut (Pink or Choc)	\$2.30
Salad Sandwich	\$5.90	Cinnamon Donut	\$2.10

PLEASE NOTE:

***LUNCH ORDERS MUST BE PLACED AT SCHOOL BY 9AM ON WEDNESDAYS**

*Lunch orders are ONLY available on Wednesday

*Lunch orders must be written on a clean paper bag that is big enough to fit the student's order in it

*The correct money must be included. No change will be given.

*Please do not send lunch orders in an envelope.



Students of the Week - Week Five



Name	Class	Reason
Mason Curtis	F/1 - Mrs Roberts and Mrs Blake	For being a wonderful learner in the class by following the daily routine and trying his very best at all times. Mason has also stood out with his excellent counting skills; counting on from the largest number to find the total of two groups.
Natalie Brown	1/2 - Mrs Mitchell	She has shown great use of her learning minutes and has been focused on completing work to a high standard. Natalie has had a few hurdles this week but has shown great resilience and determination to smooth out the hurdles faced.
Braxton Young	2/3 - Miss Grey	For transitioning into life at WWPS with ease. He has shown he is able to demonstrate our school values, especially the values of being safe and a learner. Braxton has given every learning opportunity his all and is always following the instructions from teachers, both inside the classroom and out in the yard.
Logan Young	3/4 - Miss Evans	For improvement in writing, believing in himself and seeing himself as 'a writer'. Logan independently completed a two page recount on Camp Kangarooobie. Excellent effort, Logan!
Onyx Bowler	4/5 - Mr Cooper	For being a learner by showing responsibility to make good choices in the classroom so he could understand tasks and experience success in lessons this week. Keep on making good choices!
Jessica Taylor	5/6 - Mrs McElgunn	Jessica is always kind and safe both in the classroom and playground. She is considerate of others and is always very respectful. Jessica has used her learning time exceptionally well this year and has produced some great results. She is always happy to engage in all tasks.
Kevin Nguyen	Visual Arts - Mrs Blake	For his high interest in the art movement, Pop Art. Kevin enjoyed creating an apple that popped! He used clear lines, patterns and bright colours effectively. Kevin shows our school values each week in the art room.

West Warrnambool
Neighbourhood House
Invites you to

TODDLE ON HODDLE

Playgroup for toddlers aged 0-5yrs
Tuesdays 9.30-11am
Morning tea provided
Enquiries: 0418 944 276

FREE

Warrnambool West
Primary School

Neighbourhood Houses
The Heart of Our Community™



About the program

TheirCare provides a stimulating and safe environment for all children and an environment where children come and enjoy their time in their program. During sessions children develop life skills, friendships, confidence and creativity through play.

Warrnambool West Primary School has partnered with **TheirCare** to provide quality care, flexibility and commitment to deliver on our promise to your school community.

Operation Times		Fees*	Out of Pocket	Average^
Before School Care	7:00am – 8:45am	\$19.00	\$3.13 - \$19.00	\$3.13
After School Care	3:30pm – 6:00pm	\$26.00	\$3.90 - \$26.00	\$3.90
Cancellation / Late Booking	Within 48 hours	\$5.00	\$5.00	
Cancellation Fee	Same Day	Full Fee	See BSC/ASC	

Service Phone Number: 0458 100 401 Your service coordinator will be available during session times. TheirCare support is available during office hours if required on 1300 072 410.

How to Enrol

Visit **TheirCare** website: www.theircare.com.au and click on 'Book Now' in the top right-hand corner to register your child's details.

*Standard fees excluding incursion / excursion costs

^Based on ABS published average family income for the suburb the school is located

Parents Night Off



Bring your children to us for a Super Mario Bros and games night.

Friday June 16th at 6pm-8:30pm

Funakoshi Karate International Warrnambool

Honbu Dojo 1113 Raglan Parade.

Fun games, Pizza 3 slices and a movie with popcorn and bottle of water. Extra pizza \$3 per slice

Bring your bean bag and blanket

Cost \$15 per child/ person. Bookings essential for catering purposes. Cash preferred.

We all have working with children's check.

Contact Sarah Irving on 0422 677 713 to reserve your spot.

Parents most welcome to stay and join in the fun.

Hey! Do you find it hard to solve complex mathematical equations?
If yes, there is a way out

PERSONAL MATHEMATICS TUTOR

from Grade 5 to 12

Feel free to discuss more details and contact MANJOT at 0466139644
Arrange your first free session now!

Safe Seats Safe Kids

IS YOUR CHILD TRAVELLING SAFELY?

GET FREE CHILDCAR RESTRAINT FITTINGS & SAFETY CHECKS

ARCHIE GRAHAM COMMUNITY CENTRE (REAR CARPARK),
118 TIMOR STREET, WARRNAMBOOL ON
FRIDAY 26 MAY 2023 FROM 1.00PM - 5.00PM
PLEASE BOOK AT: WWW.SAFESATSSAFEKIDS.COM.AU

FIND OUT MORE AT SAFESATSSAFEKIDS.COM.AU



HOMESCHOOL HELP

EVERY TUESDAY 4PM-5PM (DURING SCHOOL TERMS)
AT THE WARRNAMBOOL LIBRARY.

EXPERIENCED VOLUNTEERS ARE AVAILABLE TO ASSIST
PRIMARY & SECONDARY STUDENTS WITH HOMEWORK,
REVISION, SCHOOL READERS OR ENGLISH
CONVERSATION PRACTICE.

HEALTHY SNACKS PROVIDED.

LIBRARY
WARRNAMBOOL
5559 4990 library@warrnambool.vic.gov.au
LIBRARY.WARRNAMBOOL.VIC.GOV.AU

Looking for Work?

Love having fun and being playful?

Explore opportunities with **TheirCare**
Where Kids love to be!

Make a difference in the lives of children.

Contact Us
recruitment@theircare.com.au



WARRNAMBOOL WEST PRIMARY SCHOOL

Grand Opening of our Nature Play Space



WEDNESDAY
21ST JUNE
10.30AM





MOVIE NIGHT FUNDRAISER

Thursday, 22nd June 7pm

ELEMENTAL



Purchase tickets from the front office for \$15 each.

Purchase \$1 ice-cream on the night

Small popcorn and drink combo
\$4.50